

AW tribe brief.

Chisholm · Yr 9 IA Camp · Camp #1: 23 – 25 Oct ·
Camp #2: 28 Oct – 1 Nov 2024



tribe information.			
DIRECTOR/S	Camp #1: Reid / Scottie	Camp #2: Stef / Alex	Camp #3: Stef / Alex
LOGISTICS / TECH(S)	Stef / Timm	Timm	Timm
TRIBE	Zara Taya Annie Emma Davos co Jake Diego ??? Corey G	Taya Annie Julia Emma Diego Davos Paddy Corey G	Claire Zara Bronte Davos Jake +3 new staff
STORYTELLING	Paddy Emma	Taya Diego	Bronte Jake
LOCATION	Manjedal		
GATE CODE	3752		
STAFF ACCOM	Chris's corner		
PROGRAM DATE/S	Camp #1 23 rd – 25 th Oct	Camp #2 28 th – 30 th Oct	Camp #3 30 th – 1 st Nov
TRIBE ARRIVAL TIME	8:00	7:00	9:30
CLIENT ARRIVAL TIME	12:00	9:00	12:00
CLIENT DEPARTURE TIME	15:30	12:15	15:30
PROGRAM TYPE	IA Journey based camp		
TRIBE LOGISTICS	Facilitator only needs to carry day pack; you will be returning to the same camp site each night. Your group will be based in your own area away from other groups.		
KIT LIST (CLOTHES)	<input type="checkbox"/> Walking shorts <input type="checkbox"/> AW Uniform for first day <input type="checkbox"/> Light, breathable t-shirts for subsequent days <input type="checkbox"/> Enclosed walking shoes	<input type="checkbox"/> Long pants <input type="checkbox"/> Personal toiletries <input type="checkbox"/> Hat (wide brim recommended) <input type="checkbox"/> Light jacket/wind breaker <input type="checkbox"/> Rain gear	
KIT LIST (WATER)	<input type="checkbox"/> Bathers <input type="checkbox"/> 2 x Towels (bath and swimming) <input type="checkbox"/> Clothes that may get wet and muddy	<input type="checkbox"/> Enclosed shoes that may be worn in the water (sandals, sneakers and "reef" type shoes are appropriate – thongs/flipflops are not suitable)	
KIT LIST (MISC.)	<input type="checkbox"/> Sleeping Mat/swag <input type="checkbox"/> Pillow <input type="checkbox"/> Warm sleeping bag/doona <input type="checkbox"/> Day backpack <input type="checkbox"/> 2 Litre water bottle <input type="checkbox"/> Bowl, cutlery, cup, plate	<input type="checkbox"/> Head torch / torch (spare batteries) <input type="checkbox"/> Large plastic bags for storing dirty clothes. <input type="checkbox"/> Sunscreen <input type="checkbox"/> Tent	

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FOOD	<p>You will need to bring your own lunch and snacks for the first day. Facilitators are included in the catering for the rest of the program.</p> <p>We cater what we can for special dietary needs, but you are welcome to bring your own supplementary food or snacks. Please be discreet with the students as they are discouraged students from bringing extra food.</p>		
WHAT ELSE TO BRING	Musical Instruments, talking stick, games, stories.		
MOBILE RECEPTION	<p>There is very limited mobile reception at Manjedal. Please prepare your family/friends to have little contact with you over the course of the camp.</p> <p>We will have Starlink in HQ at Chris's Corner, if needed!</p>		
FACILITATION KIT (WHAT'S PROVIDED)	<input type="checkbox"/> Talking Stick <input type="checkbox"/> Question Cards <input type="checkbox"/> Values Courtroom Sheets <input type="checkbox"/> Deck of Cards <input type="checkbox"/> Child/adult behaviour cards	<input type="checkbox"/> Character strength cards <input type="checkbox"/> Tablet w important docs <input type="checkbox"/> Stickers for Scar Stories <input type="checkbox"/> Ropes <input type="checkbox"/> Pig/Chicken <input type="checkbox"/> Buffs <input type="checkbox"/> Wooden discs	
OTHER KIT PROVIDED	<input type="checkbox"/> Trangia	<input type="checkbox"/> Tent (only on request)	
client information.			
CLIENT NAME	Chisholm Catholic College		
CLIENT CONTACT	Nic Italiano		
CONTACT ON PROGRAM	Sule Alagic 0420870046		
# OF PARTICIPANTS	300 = 100 per camp		
GROUP FORMAT	X8 gender split groups of approx.. 13 per group		
AGE OF PARTICIPANTS	14-15, yr 9		
BACKGROUND	<p>We have been working with CCC since 2016. They have a 3 year contract, for a whole school approach to Rites of Passage. This includes in-school programs, camp and teacher training. These students have participated in 2 in school workshops + a launch earlier this year where they began discussing child/adult behaviours and emotions and sharing in a circle.</p>		
PROGRAM AIM	<ul style="list-style-type: none"> · The school is attempting to create change within their culture through providing this IA experience for the year 9s. · To create connection, resilience and improved sense of self · Provide challenge and allow opportunity for discussion 		
OTHER INFO	<p style="color: red; text-align: center;">SEE BOTTOM OF TRIBE BRIEF FOR LINKS TO SOPs.</p> <p style="background-color: yellow;">Chisholm Photo Consent: Photos allowed but must be shown & consulted w/ school prior to using.</p> <p style="background-color: yellow;">Facilitators must not post any photos with students on personal accounts or pages.</p>		

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program design principles.



Risk & Challenge



Connection to Self



Quiet & Reflection



Connection to Nature



Skills & Service



Connection to Community



Diversity & Inclusion



Innovation & Creativity



Discovery Through
Success & Failure

social emotional capabilities we're building.

- > SELF-AWARENESS
- > SELF-MANAGEMENT
- > RESPONSIBLE DECISION-MAKING
- > SOCIAL AWARENESS
- > RELATIONSHIP SKILLS

IT'S OUR AIM AT THE END OF EVERY PROGRAM, YOUNG PEOPLE FEEL CLOSER TO BEING ABLE TO SAY:

“ I Am Resilient.

I have a strong sense of wellbeing as a result of being able to regain my emotional, mental, physical and spiritual health when things knock me off balance.

Capable.

I have a strong sense of wellbeing as a result of feeling motivated and valued. I know what kind of community I want to create and I am clear about how I am contributing to it.

Connected.

I have a strong sense of wellbeing as a result of feeling I belong. I am choosing, growing and maintaining caring relationships in which I feel my worth.

”

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CAMP 1 • DAY 1 • Wed, 23 Oct								
Teacher	Cally Black	Khai Ngyuen	Andrea Ranalli	Thomas Ryan	Rossana Pieretti	Aidan Bannon	Alicia James	Michael Campeotto
Fac	Annie	Diego	Taya	Corey G	Zara	Davos Co Jake	Emma	???
	Laurence (f) __x ppl	Laurence (m) __x ppl	O'Sullivan (f) __x ppl	O-Sullivan (m) __x ppl	Prindiville (f) __x ppl	Prindiville (m) __x ppl	Keenan (f) __x ppl	Keenan (m) __x ppl
Facilitator prep								
0800	Facilitators arrive							
0830	Check in & pre-brief							
0930	Site familiarization and staff kit up							
1115	Drop off to start point/bus arrival location							
Connection.								
1200	Students arrive, unload buses							
1215	Smoking ceremony AW Welcome							
1245	Split into groups & meet facilitator. Move to allocated space.							
1250	IA Process – Participant enrolment (student folder – roles and responsibilities) & Connection L1 & BYO lunch							
1330	Challenge - Hike and navigate to campsite carrying all personal equipment (Teacher enrolment during hike)							
1445	Camp set-up							
1615	IA Process – Values – revisit jar							
1700	Dinner prep							
1800	Dinner and wash up AW facilitator radio check in with HQ (facilitator to initiate)							
1930	IA Process – Challenge (fireside)							
2100	Check out Teacher/Facilitator de-brief							
2130	Bed							
Camp	Quarry Track	North Walk 1	South Walk	Tap Road 4	Agonoa Track	Kim's Track 2	Pump House Lane	Burnt Balga Way 2

AW tribe brief.

Chisholm · Yr 9 IA Camp · Camp #: 23 – 25 Oct ·
Camp #: 28 Oct – 1 Nov 2024



CAMP 1 • DAY 2 • Thur, 24 Oct								
Teacher	Cally Black	Khai Ngyuen	Andrea Ranalli	Thomas Ryan	Rossana Pieretti	Aidan Bannon	Alicia James	Michael Campeotto
Fac	Annie	Diego	Taya	Corey G	Zara	Davos Co Jake	Emma	???
Time	Laurence (f) __x ppl	Laurence (m) __x ppl	O'Sullivan (f) __x ppl	O-Sullivan (m) __x ppl	Prindiville (f) __x ppl	Prindiville (m) __x ppl	Keenan (f) __x ppl	Keenan (m) __x ppl
Challenge.								
0600	Sensory morning wake-up ritual							
0615	Morning check in Choose new leader, navigator, water wallah, etc							
0630	Breakfast, pack lunch, take AM & PM tea with you <i>before next food drop.</i>							
0800	Morning Radio News Bulletin Leaders navigate to first activity or IA session space							
0830	Challenge Abseil Self-care	IA Process Character Strengths	Challenge Team Challenges	Lake: 0830-0930 IA Process Character Strengths	Challenge Confidence Course	IA Process Character Strengths Lake: 0930-1030	Challenge Giant Swing Self-care	IA Process Character Strengths
1000	Morning tea and move to next activity							
1030	IA Process Character Strengths Lake: 10:30-11:30	Challenge Abseil Self-care	IA Process Character Strengths TET Shower: 1200-1230	Challenge Team Challenges	IA Process Character Strengths GD Shower: 1200-1230	Challenge Confidence Course	IA Process Character Strengths Lake: 1130-1230	Challenge Giant Swing Self-care
1200	Lunch and move to next activity +move into next night's campsite anytime after lunch.							
1300	Challenge Giant Swing TET Shower: 1430-1500	Lake: 1230-1330 IA Process Visioning	Challenge Abseil Self-care	TET Shower: 1230-1300 IA Process Visioning	Challenge Team Challenges Self-care?	GD Shower: 1230-1300 IA Process Visioning	Challenge Confidence Course GD Shower: 1430-1500	IA Process Visioning Lake: 1330-1430
1430	Afternoon tea and move to next activity							
1500	IA Process Visioning	Challenge Giant Swing TET Shower: 1630-1700	IA Process Visioning	Challenge Abseil Self-care	IA Process Visioning Lake: 1530-1630	Challenge Team Challenges Self-care?	IA Process Visioning	Challenge Confidence Course GD Shower: 1630-1700
1630	Navigate back to campsite							
1700	Dinner prep							
1800	Dinner and wash up + Preparation for AM pack-up AW facilitator radio check in with HQ (facilitator to initiate)							
1900	IA Process - Gender Reconnection Prep & Honouring							
2100	Gratitude check out & Facilitator/teacher debrief							
2130	Bed							
Camp	North Walk 1	Quarry Track	Tap Road 4	South Walk	Kim's Track 2	Agonoa Track	Burnt Balga Way	Pump House Lane

AW tribe brief.

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CAMP 1 • DAY 3 • Fri, 25 Oct								
Teacher	Cally Black	Khai Ngyuen	Andrea Ranalli	Thomas Ryan	Rossana Pieretti	Aidan Bannon	Alicia James	Michael Campeotto
Fac	Annie	Diego	Taya	Corey G	Zara	Davos Co Jake	Emma	???
Time	Laurence (f) __x ppl	Laurence (m) __x ppl	O'Sullivan (f) __x ppl	O-Sullivan (m) __x ppl	Prindiville (f) __x ppl	Prindiville (m) __x ppl	Keenan (f) __x ppl	Keenan (m) __x ppl
reflection.								
0600	Sensory morning wake up ritual							
0615	Morning check in Choose new leader, navigator, water wallah, etc							
0630	Breakfast, pack lunch and pack up and clean ALL gear Pack up AW gear and leave in a neat pile beside the road for pick up by 8:30am – <i>See pack up notes at end of Tribe Brief</i>							
0800	Morning Radio News Bulletin Move to activity or IA session space							
0830	Challenge Confidence Course	IA Process Letting go & Self care	Challenge Giant Swing Self-care	IA Process Letting go & Self care	Challenge Abseil Self-care	IA Process Letting go & Self care	Challenge Team Challenges Self-care?	IA Process Letting go & Self care
1000	Morning tea and move to next activity – <i>Laurence Self-care</i>							
1030	IA Process Letting go & Self care	Challenge Confidence Course	IA Process Letting go & Self care	Challenge Giant Swing Self-care	IA Process Letting go & Self care	Challenge Abseil Self-care	IA Process Letting go & Self care	Challenge Team Challenges Self-care?
1200	Lunch and plan for gender reconnection – <i>Laurence Self-care</i>							
1300	IA Process Solo Reflection, letter writing (move to a space away from food tubs/eskies/roads so you are not disturbed by gear pick ups) *see bottom of Tribe Brief for prompts*							
1345	IA Process Final group check out & Dissolve the container							
1430	IA Process - Gender Reconnection w/ other half of PCG and afternoon tea							
1500	Move to Chris's corner and circle as large cohort (bring all bags to chris's corner OR drop off by the Totem Poles on Governors Drive where the bus will arrive)							
1515	Process - Whole group closing ceremony							
1530	Move to the Totem Poles near the high ropes on Governors Drive taking all personal bags Load onto buses and depart							

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Camp #2: 28 Oct – 1 Nov 2024



CAMP 2 • DAY 1 • Mon, 28 Oct

Teacher	Alana Martin	Peter Wityk	Erika Hadfield	Zachary Hill	Paige Alderice	Matthew Leak	Kirsty Powell	Kyle Bussanich
Fac	Taya	Paddy	Annie	Diego	Julia	Davos	Emma	Corey G
Time	Keenan (f) __x ppl	Keenan (m) __x ppl	O'Sullivan (f) __x ppl	O'Sullivan (m) __x ppl	Laurence (f) __x ppl	Laurence (m) __x ppl	Prindiville (f) __x ppl	Prindiville (m) __x ppl
Facilitator prep								
0700	All facilitators arrive							
0715	Check in and pre brief							
0800	Site familiarization, staff kit up							
0830	Drop off to start point/bus arrival location							
Connection.								
0900	Students arrive, unload buses							
0915	Smoking ceremony AW Welcome –							
0945	Split into groups & meet facilitator. Move to allocated space.							
0950	IA Process – Participant enrolment (student folder – roles and responsibilities) & Connection L1_ & BYO morning tea							
1015	Challenge - Hike and navigate to campsite carrying all personal equipment (Teacher enrolment during hike)							
1130	Camp set-up							
1300	BYO lunch							
1330	IA Process – Values – revisit jar							
1400	Challenge Confidence Course	IA Process Character Strengths & PM tea Self-care after	Challenge Giant Swing Self-care	IA Process Character Strengths & PM tea	Challenge Abseil Self-care	IA Process Character Strengths & PM tea	Challenge Team Challenges Self-care after	IA Process Character Strengths & PM tea Self-care after
1530	PM tea & IA Process Character Strengths Self-care after	Challenge Confidence Course	PM tea & IA Process Character Strengths	Challenge Giant Swing Self-care	PM tea & IA Process Character Strengths	Challenge Abseil Self-care	PM tea & IA Process Character Strengths	Challenge Team Challenges
1700	Dinner prep							
1800	Dinner and wash up AW facilitator radio check in with HQ (facilitator to initiate)							
1930	IA Process – Challenge (fireside)							
2100	Check out Teacher/Facilitator de-brief							
2130	Bed							
Camp	Quarry Track	Tap Road 4	Agonoa Track	Kim's Track 2	Pump House Lane	North Walk 1	South Walk	Burnt Balga Way 2

AW tribe brief.

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CAMP 2 • DAY 2 • Tues, 29 Oct								
Teacher	Alana Martin	Peter Wityk	Erika Hadfield	Zachary Hill	Paige Alderice	Matthew Leak	Kirsty Powell	Kyle Bussanich
Fac	Taya	Paddy	Annie	Diego	Julia	Davos	Emma	Corey G
Time	Keenan (f) __x ppl	Keenan (m) __x ppl	O'Sullivan (f) __x ppl	O'Sullivan (m) __x ppl	Laurence (f) __x ppl	Laurence (m) __x ppl	Prindiville (f) __x ppl	Prindiville (m) __x ppl
Challenge.								
0600	Sensory morning wake-up ritual							
0615	Morning check in Choose new leader, navigator, water wallah, etc							
0630	Breakfast, pack lunch, take AM & PM tea with you <i>before next food drop.</i>							
0800	Morning Radio News Bulletin Leaders navigate to first activity or IA session space							
0830	Challenge Team Challenges	Lake: 0830-0930 IA Process Visioning	Challenge Confidence Course	IA Process Visioning	Challenge Giant Swing Self-care	IA Process Visioning Lake: 0930-1030	Challenge Abseil Self-care	IA Process Visioning
1000	Morning tea and move to next activity							
1030	Lake: 1030-1130 IA Process Visioning TET Shower: 1200-1230	Challenge Team Challenges	IA Process Visioning Lake: 1130-1230	Challenge Confidence Course	IA Process Visioning GD Shower: 1200-1230	Challenge Giant Swing Self-care	IA Process Visioning	Challenge Abseil Self-care
1200	Lunch and move to next activity + move into next night's campsite anytime after lunch.							
1300	Challenge Abseil Self-care	TET Shower: 1230-1300 IA Process Letting go & Self care	GD Shower: 1230-1300 Challenge Team Challenges Self-care after	Lake: 1230-1330 IA Process Letting go & Self care GD Shower: 1430-1500	Challenge Confidence Course	IA Process Letting go & Self care	Challenge Giant Swing TET Shower: 1430-1500	IA Process Letting go & Self care Lake: 1330-1430
1430	Afternoon tea and move to next activity Self-care							
1500	IA Process Letting go & Self care	Challenge Abseil Self-care	IA Process Letting go & Self care	Challenge Team Challenges	Lake: 1430-1530 IA Process Letting go & Self care	Challenge Confidence Course GD Shower: 1630-1700	IA Process Letting go & Self care Lake: 1530-1630	Challenge Giant Swing TET Shower: 1630-1700
1630	Navigate back to campsite							
1700	Dinner prep							
1800	Dinner and wash up + Preparation for AM pack-up AW facilitator radio check in with HQ (facilitator to initiate)							
1900	IA Process - Gender Reconnection Prep & Honouring							
2100	Gratitude check out & Facilitator/teacher debrief							
2130	Bed							
Camp	Tap Road 4	Quarry Track	Kim's Track 2	Agonoa Track	North Walk 1	Pump House Lane	Burnt Balga Way 2	South Walk

AW tribe brief.

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CAMP 2 • DAY 3 • Wed, 30 Oct								
Teacher	Alana Martin	Peter Wityk	Erika Hadfield	Zachary Hill	Paige Alderice	Matthew Leak	Kirsty Powell	Kyle Bussanich
Fac	Taya	Paddy	Annie	Diego	Julia	Davos	Emma	Corey G
Time	Keenan (f) _x ppl	Keenan (m) _x ppl	O'Sullivan (f) _x ppl	O'Sullivan (m) _x ppl	Laurence (f) _x ppl	Laurence (m) _x ppl	Prindiville (f) _x ppl	Prindiville (m) _x ppl
reflection.								
0600	Sensory morning wake up ritual							
0615	Morning check in Choose new leader, navigator, water wallah, etc							
0630	Breakfast, pack lunch and pack up and clean ALL gear. <i>See pack up notes at end of Tribe Brief</i> Pack up AW gear and leave in a neat pile for the next group arriving – food tubs and eskies to be left in shade beside the road for pick up by 8:30am							
0830	Morning Radio News Bulletin Gender reconnection plan							
0900	IA Process Solo Reflection, letter writing (move to a space away from food tubs/eskies/roads so you are not disturbed by gear pick-ups) *see bottom of Tribe Brief for prompts* *Back-to-back facilitators step out							
0945	IA Process Final group check out and Dissolve the container							
1030	IA Process Gender reconnection w/ other half of PCG and morning tea							
1115	Move to Chris's corner and circle as large cohort (bring all bags to chris's corner OR drop off by the Totem Poles on Governors Drive where the bus will arrive)							
1130	IA Process - Whole group closing ceremony							
1145	Altogether lunch							
1215	Move to the Totem Poles near the high ropes on Governors Drive taking all personal bags Load onto buses and depart							

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CAMP 3 • DAY 1 • Wed, 30 Oct								
Teacher	Lynda DiChiera	Kristian Tricoli	Libby Hynes	Marko Rnjak	Rachael McLlheney	Alice Scriven (female)	Jess Martin	Anthony Palmer
Fac	Claire	Davos	New Fac	Jake	Bronte	Trent	Zara	New Fac
Time	O'Sullivan (f)	O'Sullivan (m)	Laurence (f)	Laurence (m)	Keenan (f)	Keenan (m)	Prindiville (f)	Prindiville (m)
Facilitator prep								
0900	Back-to-back facilitators head to HQ to rest/reset Self-care 1.5hr							
0930	New facilitators arrive for camp 3							
0945	Camp 3 facilitators check in & prebrief							
1030	New facilitators, brief, site familiarization and staff kit up							
1115	Drop off to start point/bus arrival location							
Connection.								
1200	Students arrive, unload buses							
1215	Smoking ceremony AW Welcome - Reid							
1245	Split into groups & meet facilitator. Move to allocated space.							
1250	IA Process – Participant enrolment (student folder – roles and responsibilities) & Connection L1 & BYO lunch							
1330	Challenge - Hike and navigate to campsite carrying all personal equipment (Teacher enrolment during hike)							
1445	Camp set-up							
1615	IA Process – Values – revisit jar							
1700	Dinner prep							
1800	Dinner and wash up AW facilitator radio check in with HQ (facilitator to initiate)							
1930	IA Process – Challenge (fireside)							
2100	Check out Teacher/Facilitator de-brief							
2130	Bed							
Camp	Quarry Track	Tap Road 4	South Walk	North Walk 1	Agonoa Track	Kim's Track 2	Pump House Lane	Burnt Balga Way 2

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CAMP 3 • DAY 2 • Thurs, 31 Oct								
Teacher	Lynda DiChiera	Kristian Tricoli	Libby Hynes	Marko Rnjak	Rachael McLlheney	Alice Scriven (female)	Jess Martin	Anthony Palmer
Fac	Claire	Davos	New Fac	Jake	Bronte	Trent	Zara	New Fac
Time	O'Sullivan (f)	O'Sullivan (m)	Laurence (f)	Laurence (m)	Keenan (f)	Keenan (m)	Prindiville (f)	Prindiville (m)
Challenge.								
0600	Sensory morning wake-up ritual							
0615	Morning check in Choose new leader, navigator, water wallah, etc							
0630	Breakfast, pack lunch, take AM & PM tea with you <i>before next food drop.</i>							
0800	Morning Radio News Bulletin Leaders navigate to first activity or IA session space							
0830	Challenge Confidence Course	Lake: 0830-0930 IA Process Character Strengths	Challenge Giant Swing Self-care	IA Process Character Strengths Lake: 0930-1030	Challenge Abseil Self-care	IA Process Character Strengths	Challenge Team Challenges	IA Process Character Strengths
1000	Morning tea and move to next activity							
1030	IA Process Character Strengths GD Shower: 1200-1230	Challenge Confidence Course	IA Process Character Strengths TET Shower: 1200-1230	Challenge Giant Swing Self-care	IA Process Character Strengths Lake: 1130-1230	Challenge Abseil Self-care	Lake: 1030-1130 IA Process Character Strengths	Challenge Team Challenges
1200	Lunch and move to next activity + move out of last night's campsite: carry all personal gear to new campsite							
1300	Challenge Team Challenges	GD Shower: 1230-1300 IA Process Visioning	Challenge Confidence Course	TET Shower: 1230-1300 IA Process Visioning	Challenge Giant Swing GD Shower: 1430-1500	Lake: 1230-1330 IA Process Visioning	Challenge Abseil Self-care TET Shower: 1430-1500	IA Process Visioning Lake: 1330-1430
1430	Afternoon tea and move to next activity							
1500	Lake: 1430-1530 IA Process Visioning Self-care after	Challenge Team Challenges Self-care?	IA Process Visioning Lake: 1530-1630	Challenge Confidence Course	IA Process Visioning	Challenge Giant Swing GD Shower: 1630-1700	IA Process Visioning	Challenge Abseil Self-care TET Shower: 1630-1700
1630	Navigate back to campsite							
1700	Dinner prep							
1800	Dinner and wash up + Preparation for AM pack-up AW facilitator radio check in with HQ (facilitator to initiate)							
1900	IA Process - Gender Reconnection Prep & Honouring							
2100	Gratitude check out & Facilitator/teacher debrief							
2130	Bed							
Camp	Tap Road 4	Quarry Track	North Walk 1	South Walk	Kim's Track 2	Agonoa Track	Burnt Balga Way 2	Pump House Lane

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CAMP 3 • DAY 3 • Fri, 1 Nov								
Teacher	Lynda DiChiera	Kristian Tricoli	Libby Hynes	Marko Rnjak	Rachael McLlheney	Alice Scriven (female)	Jess Martin	Anthony Palmer
Fac	Claire	Davos	New Fac	Jake	Bronte	Trent	Zara	New Fac
Time	O'Sullivan (f)	O'Sullivan (m)	Laurence (f)	Laurence (m)	Keenan (f)	Keenan (m)	Prindiville (f)	Prindiville (m)
reflection.								
0600	Sensory morning wake up ritual							
0615	Morning check in Choose new leader, navigator, water wallah, etc							
0630	Breakfast, pack lunch and pack up and clean ALL gear Pack up AW gear and leave in a neat pile beside the road for pick up by 8:30am – <i>See pack up notes at end of Tribe Brief</i>							
0800	Morning Radio News Bulletin Move to activity or IA session space							
0830	Challenge Abseil Self-care	IA Process Letting go & Self care	Challenge Team Challenges	IA Process Letting go & Self care Self-care after	Challenge Confidence Course	IA Process Letting go & Self care Self-care after	Challenge Giant Swing Self-care	IA Process Letting go & Self care
1000	Morning tea and move to next activity							
1030	IA Process Letting go & Self care	Challenge Abseil Self-care	IA Process Letting go & Self care Self-care after	Challenge Team Challenges	IA Process Letting go & Self care Self-care after	Challenge Confidence Course	IA Process Letting go & Self care	Challenge Giant Swing Self-care
1200	Lunch and plan for gender reconnection							
1300	IA Process Solo Reflection, letter writing *see bottom of Tribe Brief for prompts*							
1345	IA Process Final group check out & Dissolve the container							
1430	IA Process - Gender Reconnection w/ other half of PCG and afternoon tea							
1500	Move to Chris's corner and circle as large cohort (bring all bags to Chris's corner OR drop off by the Totem Poles on Governors Drive where the bus will arrive)							
1515	Process - Whole group closing ceremony							
1530	Move to the Totem Poles near the high ropes on Governors Drive taking all personal bags Load onto buses and depart							

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After students leave on each program

Return to HQ @ Chris's Corner as soon as students have set off to the bus with teachers

45 mins	Clean up and pack up <ul style="list-style-type: none">- Consolidate food into: reusable open food (honey, cereal), reusable fresh food (fruit, veg), unopened food, unusable food (veg already cut open)- Clean out eskies and food tubs- Restock kitchen burners: detergent, hand soap, sanitiser, oil, bin bags, tea towels, chux, steel wool, small burner gas, matches- Check facilitator kits- Check in radios onto charge
45 mins	Debrief & snacks <ul style="list-style-type: none">- please record any notes during the program and bring with you to the meeting
30 mins	Letting go and Check out

AW tribe brief.

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facilitator notes.

<insert additional notes/links here>

Please see below for IA SOP links from within the program:

- [Connection](#)
- [Camp Values Contract](#)
- [Character strengths - \(Character Strengths Classification Handout\) \(Character Strengths Optimal Use Handout\)](#)
- [Challenge discussion](#)
- [Challenge night](#)
- [Visioning](#)
- [Letting Go](#)
- [Gender reconnection](#)
- [Honouring](#)
- [Reflection](#)
- [Self-Care + the return](#)
- [Parent ceremony](#)

Additional resources:

- [Facilitator Self-Care Policy](#)
- [Conflict Resolution](#)
- [Dissolving the container](#)
- [Facilitation 101](#)
- [Holding a talking stick circle](#)
- [Managing conversation depth](#)
- [Pitching at the appropriate level](#)
- [Managing the energy of a group](#)
- [Energiser toolkit](#)
- [Managing your energy](#)
- [Active listening](#)
- [De-briefing 101](#)
- [Mindfulness and meditation](#)

Please remember to incorporate the below tools into your facilitation throughout the whole program. While they do not have specific sessions carved out for them, they are all critical to effective delivery of all AW programs:

1. [Teacher enrolment](#)
2. [Participant enrolment](#)
3. [Story](#)
4. [Child/adult behaviour model](#)

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LAKE

You must ensure you have completely left the lake area by the end of your allocated time. Your group cannot still be in the area getting dressed, as this will be impacting the next group's time.

Please respect other groups time at the lake and do not short cut through the lake area if it is not your allocated time.

If you wish to use the lake for another session or time, please check the schedule and if no one else is locked in you can book this in with HQ (via radio) to ensure no double ups.

AW self run activities

@ HQ for use whenever wanted. Please check with HQ of planned time

[Team Challenge](#)

[Team water challenge](#)

[Blind Trail](#)

Manjedal ran challenge activities

Will be lead by a MAC instructor and timings must be strictly adhered to.

Abseil (required MAC tech), High Ropes (tech), Giant Swing (tech), Confidence Course (can be self-facilitated), Tunnels (currently n/a), Aerial Runway (currently n/a), Flying Fox (currently n/a)



Solo and Letter Writing

Solo Reflection: Clipboards will be dropped at your campsite with your food drop on the last night, you can use paper and pencils from your facilitator kit. During the scheduled time invite the students to find a spot on their own, at least 50m from anyone else, and ask them to spend some time in silence reflecting on the following questions

- What is one story/experience that you will share with your family about camp?
- What support do you need from your family as you transition into adulthood?
- What have you learnt about yourself through this experience?
- To avoid disruption/disturbance be mindful not to run this near any roads/vehicle tracks or campsites where gear will need to be picked up.

RADIO CHECK INS – 6-7pm everyday

Check in initiator – AW facilitator Receiver – HQ
Channel – 21

Reporting on student health and wellbeing, incidents, injury or accidents, teacher engagement, facilitator health and wellbeing, support/logistics requirements

Note: If check in is not initiated by facilitator by end of check in hour, HQ will initiate contact

AW tribe brief.

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Last morning PACK UP with students

- Tents must be cleaned out thoroughly and then checked by the facilitator. Please be strict with this!! Use the [Shelter 101](#) notes.
- Pots and the whole kitchen tub needs to be clean, dry and packed neatly
- Pots may need to be scrubbed again this morning if not done last night.
- Use the steel wool from your kitchen buckets
- Must be spotless with no black burn marks inside and the outside scrubbed free of soot. This may take some time.
- This is the group's responsibility, otherwise it will all need to be cleaned after program by the facilitator.
- Check off list on lid of kitchen tub to ensure all is in place.
- Wipe clean sheets in Student Book with hand sanitiser
- Anything needing restocking (oil, detergent, etc), leave in the hand wash bucket along with dirty tea towels. Throw out used chux clothes into the bin if they are too gross to be cleaned and reused.
- Tidy up food tub and esky
- Eat as much leftover food as possible
- Clean the outside of any leftover food containers (mayo, tins)
- Throw out any unusable food (gross tomatoes, soggy lettuce)
- Leave all reusable open/fresh food in the esky (cereal, wraps, fruit, etc)
- Leave all unopened food packets in the food tub
- The group must dispose of all rubbish into skip bins
- Complete "emu bob" of campsite and surrounds. Leave no trace!