



## **AW facilitator resource kit.**

### PARTICIPANT ENROLMENT

#### **purpose.**

The easiest way to ensure a successful program is to enrol students from the start. By enrolling participants, we see increased engagement, curiosity and excitement for what AW programs have to offer. Enrolling participants up front also creates a safer space for everyone to learn, explore and navigate challenges.

#### **step-by-step guide.**

1. Introduce yourself in a fun and interesting way, i.e. “Hi everyone, my name is X and what you may not know about me is...” or “Hey legends! My name is X and I am so excited to be here. I have heard awesome things about this group, and I know we’re gonna have a great time over the next Y days.” Participants will match your energy, so bring you’re A- game!
2. Play a bunch of Level One connector games to raise energy and get to know your group dynamics better.
3. Frame your instructions in safe and unthreatening ways, using phrases like “In a moment I’m going to invite three of our bravest comrades to join me for a demonstration of the next activity, any brave comrades in our group?” or “Next I will invite each of you to take a moment chatting to your partner about what you’re most looking forward to over the next X days.”
4. Keep your demeanour playful and approachable at the start of all programs so that participants feel safe to flag any concerns with you or feel safe to join in at their own level.
5. Establish clear boundaries with participants – let them know what you are happy to negotiate with them and what the non-negotiables are. i.e. a negotiable might be who navigates to the next activity, however a non-negotiable might be that you will intervene if the group is at risk of missing an activity because they’re lost or if the group is heading outside the campsite boundaries.
6. Give participants as many opportunities as possible to take ownership of the process and find roles which highlight and celebrate their skills.

#### **success looks like.**

- ✓ Participants are attentive and engaged
- ✓ Participants are curious and excited about what’s to come
- ✓ Participants are participating consistently in activities
- ✓ Participants have a positive disposition