

Child and adult behaviour model.



child.	healthy adult.
I need my friends to like me	I like me
I compare myself to others	I am comfortable with myself and value diversity
Body image drives my identity	My identity is via self-acceptance
I'm ruled by my emotions	I can stand with my emotions
I care only for myself, or only for others	I balance care for myself and others
I'm the most important and power is for me	I'm one part of something much bigger and power is for my community
I take no responsibility for my actions	I'm responsible for the impact I have
I rely on approval from the opposite gender	I relate to my peers
I do what brings me praise or power	I do what I know to be right
I'm invincible and not worried about risk	I'm mortal and consider risk
I need parenting	I seek equal and supportive relationships
Other people are my competition	Others are my support