



**Professional learning
Team development
School camps
Expeditions
Youth leadership
Parent & teen camps**

Done Differently.

Our Vision.



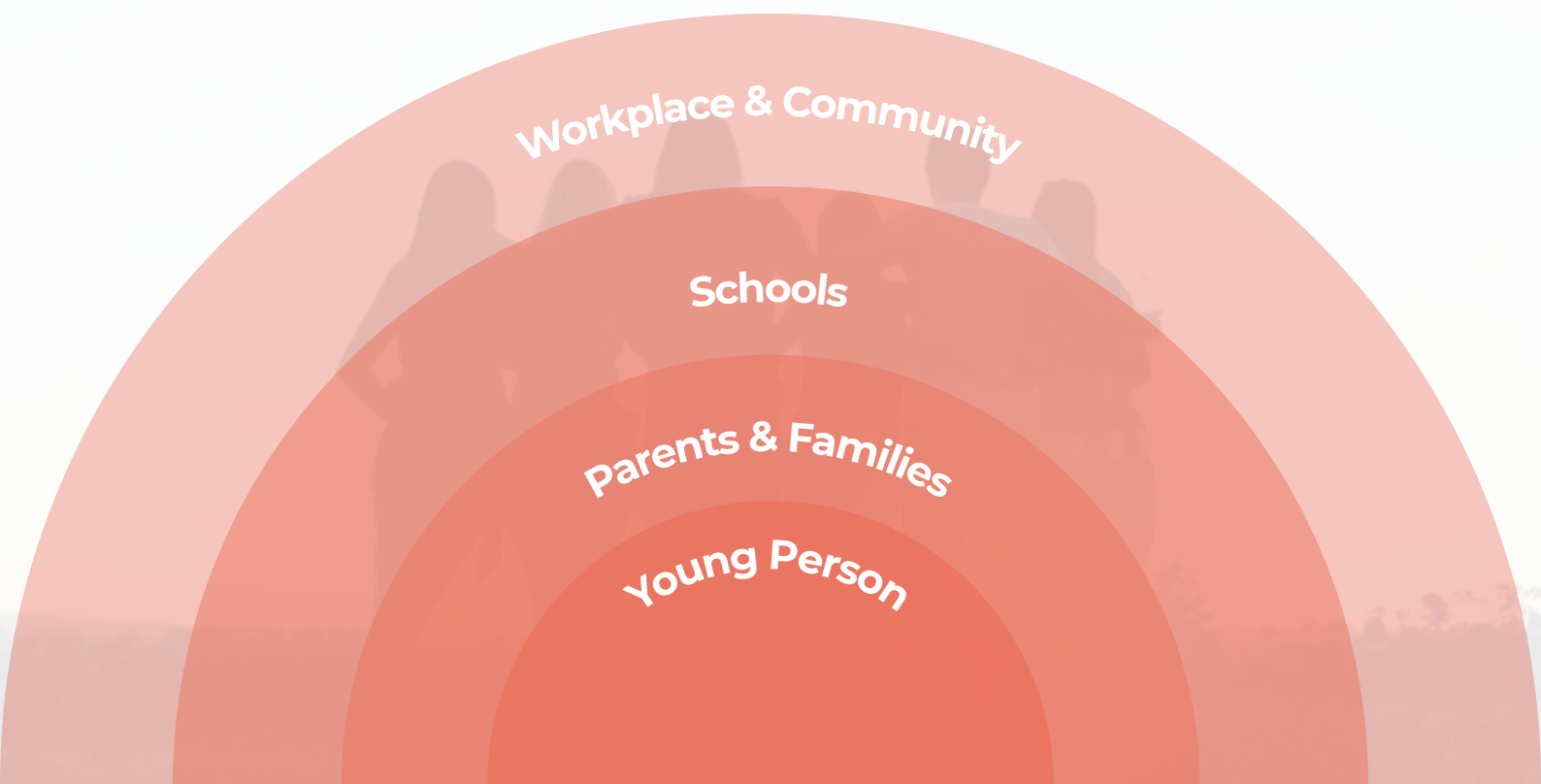
Every young person has potential.

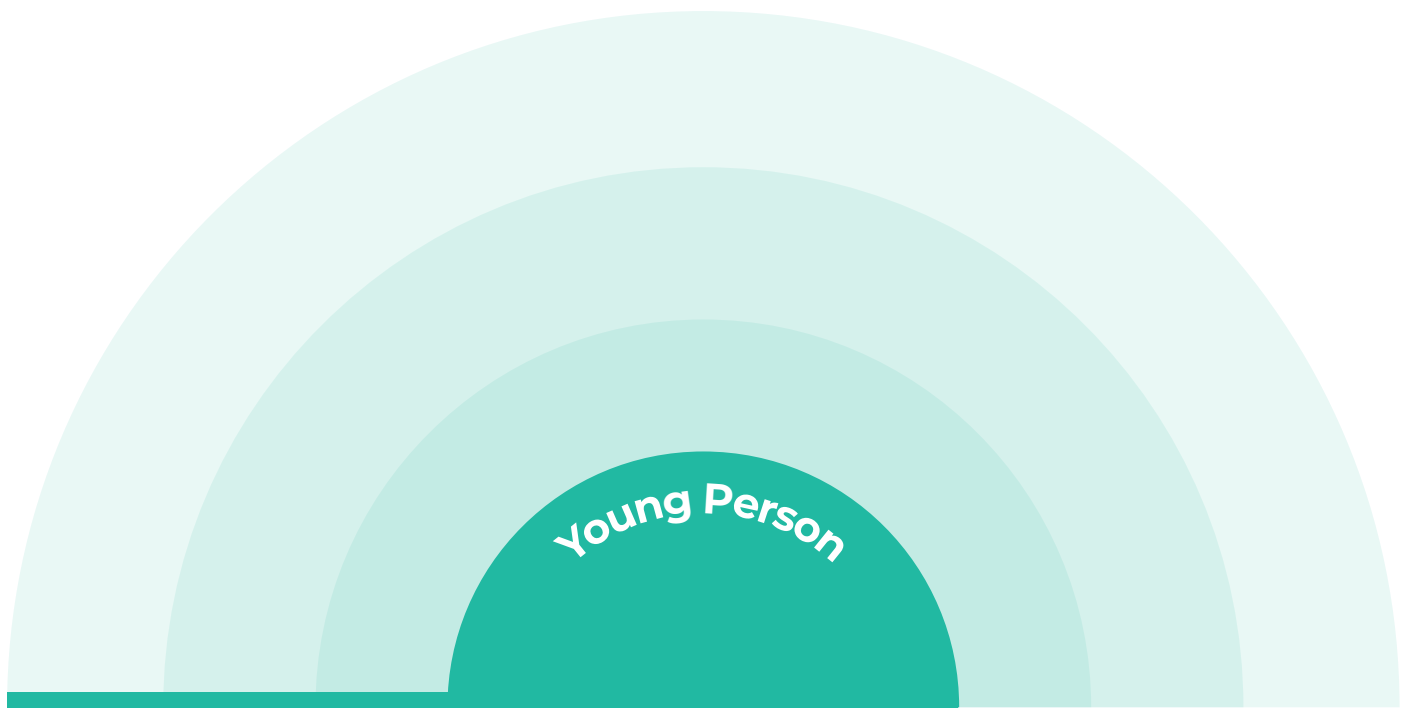
We believe in the potential of every young person and the capacity of communities to support them to thrive. Moving in and out of social and organisational systems every day, we are all impacted and influenced in positive and negative ways.

We know it takes a **whole village** and we are committed to having a positive impact at every level.

Whether it's supporting families, working alongside schools or sporting clubs, or training the next group of amazing adults we are building communities of connected, resilient and capable individuals.

When we all practice and role model positive wellbeing we create home, school and work environments where we can all thrive - within, across and everywhere in-between.





Young Person.

We believe in a future where:

Young people know who they are and what is important to them

They are open to stretching beyond their comfort zone

They feel understood by, and connected to, their families and other support

They are excited by the future and expect to contribute the best of themselves

Related Programs:

Into Adulthood

In-school Workshop

Into Adulthood

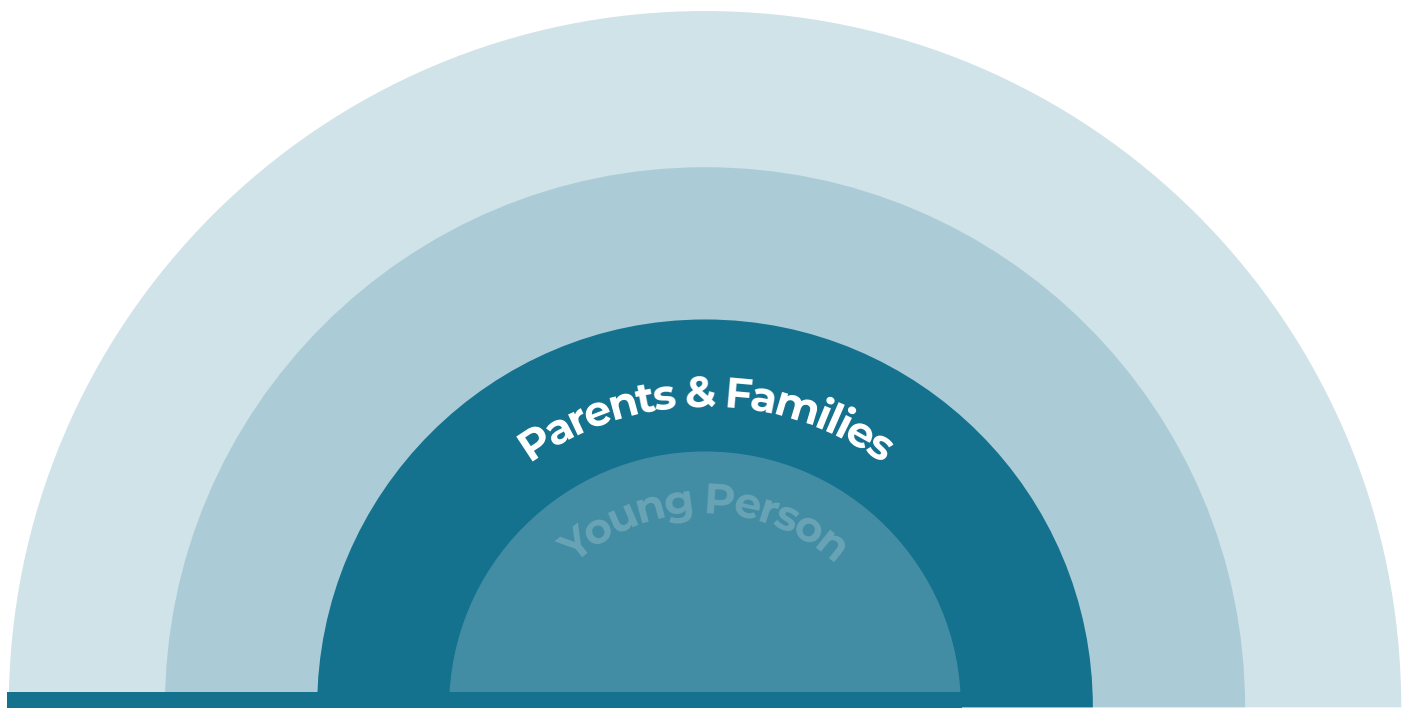
School Camp Program

Into The Wild

Adventures for Young People (13- 17 years)

IMPACT Leadership Camp

Training for Emerging Leaders (16 -21 years)



Parents & Families.

We believe in a future where:

Young people are accepted for who they are and want to be

Young people are supported to become great individuals honoured for their unique contributions, talents and passions

Families are courageous having the conversations that matter

Families make space for young people to take self-responsibility

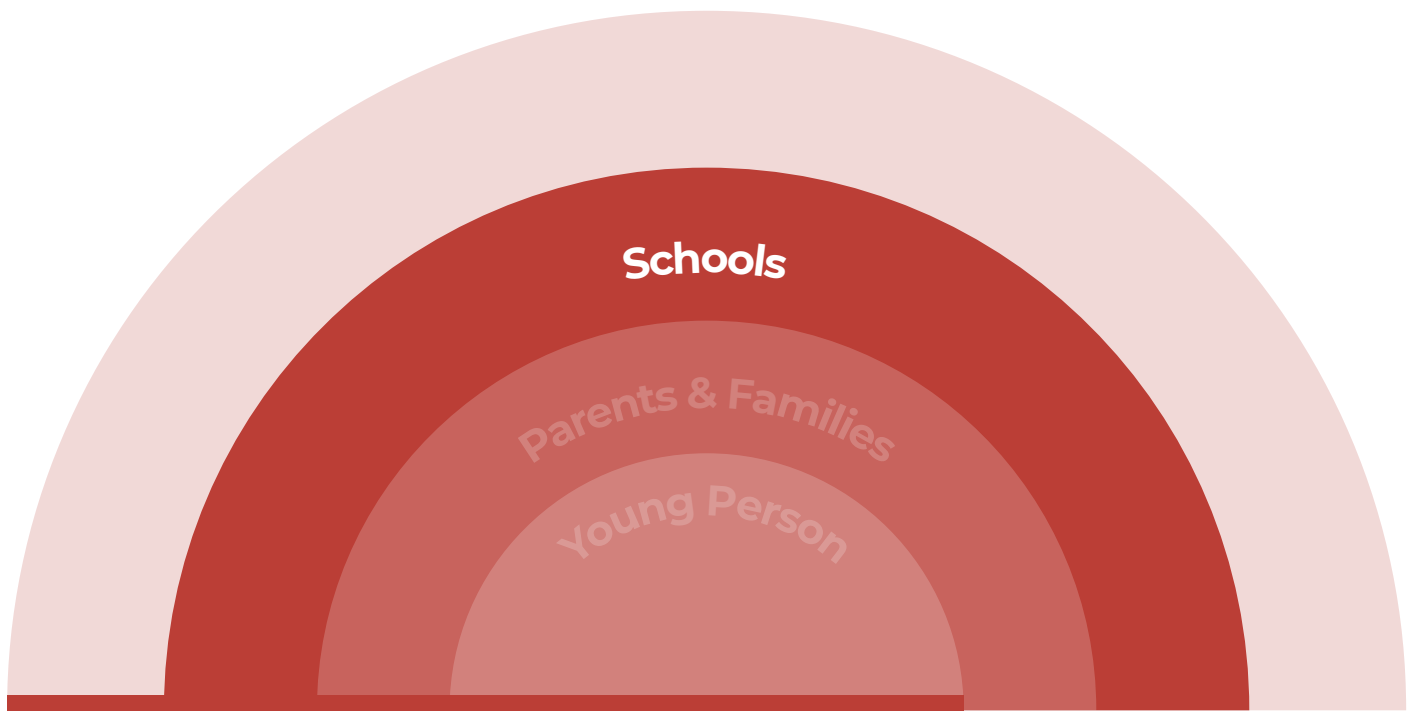
Families have an extended support network of other adults, schools, health and community agencies

Related Programs:

Parent and Child Camping Experiences for:

Father and Son
Mother and Daughter
Father and Daughter
Mother and Son

Parent Retreats



Schools.

We believe in a future where:

Schools are places where students feel engaged and inspired to learn and grow

Teachers feel a sense of purpose and are fulfilled and balanced in their role

The school community including staff, students, and parents feel a mutual sense of support and direction

Related Programs:

Into Excellence

Facilitation training for teachers

Into Adulthood

In-School Workshops

Into Adulthood

School camp programs

Into Adulthood

Expeditionary camps and journey

Into Adulthood

Whole school approach to health and wellbeing



Workplace & Community.

We believe in a future where:

The language used to speak about young people is compassionate and positive

Communities show young people they matter

Through connection to diverse communities, young people experience the richness of an inclusive and interconnected world

Related Programs:

Into Excellence

Facilitation training for community members and sports coaches

Into Adulthood

Workshops

Into Adulthood

Camping programs

Work and Community-based Team Building

Team Leadership and Development Training

Capabilities we are building



Young People

We support wellbeing in young people by growing resilience, capability and connectedness.

Self-awareness

- I manage my emotions
- I have an accurate self-perception
- I recognise my strengths
- I am self-confident
- I have self-efficacy sustainable practices

Self-management

- I control my impulses
- I manage my stress
- I am self-motivated
- I practice self-care

Responsible decision making

- I identify problems
- I solve problems
- I self-reflect
- I consider ethical responsibility

Social Awareness

- I see other perspectives
- I empathise
- I appreciate diversity
- I respect others

Relationship Skills

- I communicate effectively
- I build relationships
- I value my connection with others
- I seek to understand



I Am Resilient.

I have a strong sense of wellbeing as a result of being able to regain my emotional, mental, physical and spiritual health when things knock me off balance.

Capable.

I have a strong sense of wellbeing as a result of feeling motivated and valued. I know what kind of community I want to create and I am clear about how I am contributing to it.

Connected.

I have a strong sense of wellbeing as a result of feeling I belong. I am choosing, growing and maintaining caring relationships in which I feel my worth.

Practitioners

We aim to develop highly empathetic practitioners that embody the outcomes of social and emotional learning and positive psychology and have the instructional skills to facilitate that learning in young people.

Self-awareness

- I manage my emotions
- I have an accurate self-perception
- I recognise my strengths
- I am self-confident
- I have self-efficacy
- I practice self-awareness in situations of class conflict

Self-management

- I control my impulses
- I manage my stress
- I am self-motivated
- I practice self-care
- I practice self-management in situations of conflict

Responsible decision making

- I identify problems
- I solve problems
- I self-reflect
- I consider ethical responsibility
- I practice responsible decision-making in situations of conflict

Social Awareness

- I see other perspectives
- I empathise
- I appreciate diversity
- I respect others
- I can hold a transformative space
- I practice social awareness in situations of conflict

Relationship Skills

- I communicate effectively
- I build relationships
- I value my connection with others
- I practice relationship skills in situations of conflict



I Model Resilience.

My students see me striving to regain my emotional, mental, physical and spiritual health when things knock me off balance. I share aspects of my wellbeing practice with them. Together we strive for greater self-awareness and self-management

Being Capable.

My students see me striving to be motivated and feel valued. I share aspects of the difference I want to make to my community, and how I am contributing to it. Together we strive to make a positive impact in our world.

Connectedness

My students see me striving for connection. I share aspects of how I'm growing and maintaining caring relationships in which I feel my worth. Together we strive to build stronger relationships.

Program Design Principles.





Risk & Challenge.

**Know the
limits.
Love the
limits.**

We understand that the road to adulthood is tricky. Because of this, others shy away. Not us.

With over 20 years' experience in the game, we understand the power of the outdoor environment, and how far we push on the outside to create positive change on the inside.

How we do it

AW believes in stretching young people to push past their perceptions of risk and their own capability in a supported, fun environment.

We regularly use healthy risk and challenge to help young people see their capabilities, challenging them to push further than they think is possible.

We are disrupting the status quo, working to normalise and celebrate healthy risk-taking. Learning from challenge is essential to growth and reaching potential.

Quiet & Reflection.



More Space. Less Pace.

We are the antithesis of daily life, detaching people physically and mentally and bringing them together in shared solitude.

We return to a space offered by nature, where people have time to think and space to get to know who they are and who they can become.

How we do it

AW programmes provide regular opportunities for stillness and calm. We are building the capacity of our young people to sit alone and feel capable of self-reflection in that space.

AW creates the space for young people to process and reflect on experiences both individually and together.

We facilitate regular opportunities for a full body and mind check-in, helping to build emotional awareness and self-reflection skills.



Skills & Service.

Life skills, not camping tools

Our work doesn't finish when you leave. Helping people realise their potential is the first step on their path to achieving it.

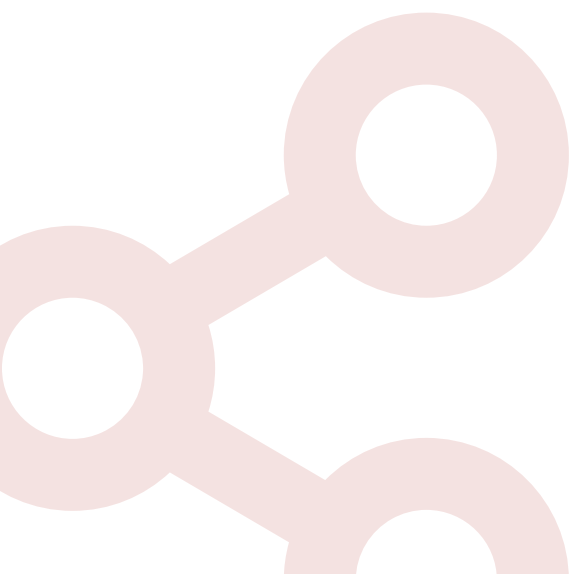
We work with the school curriculum and alongside the communities surrounding young people to ensure development of these skills continue.

How we do it

AW develops all programmes with the goal of building skills and capabilities that are transferrable to every area of a young person's life.

We work with young people to identify their strengths and then support them to link those strengths with how they can serve the wider community.

We believe in empowering young people to take their place in their community, building their sense of purpose and belonging, which in turn builds resilience to challenge.





Diversity & Inclusion.

Creating quality conversations

We create capacity for real conversations. We listen and are listened to. When people are truly heard understandings can be reached, frustrations can crumble, and resentments can be solved.

This shared understanding of each other develops deeper connections and stronger relationships.

How we do it

AW celebrates the richness that comes with diverse experience and supports young people to connect with each other through conversation and story.

We believe that story has the power to unite and connect and that this building of connection can break down barriers where they may have existed before.





Discovery Through Success & Failure.

Great stuff happens in hard places

We believe that the best things happen when things get tough.

In these moments, we are forced into an uncomfortable place which helps us realise how strong and resilient we truly are.

This place is where the magic happens.

How we do it

AW is committed to embracing and honouring failure for the growth that it brings.

We encourage our clients to acknowledge and honour the successes and pride ourselves on knowing that success looks different for everyone.

Our programmes create a safe environment to explore what success and failure looks like for each of us.





Connection To Self.



Every young person has potential

Every young person has the potential to be brilliant. Sometimes it's clear and sometimes you need help to find it.

When you realise this potential, you can become the best version of yourself.

How we do it

Every AW programme is designed with the student as the focus, with the goal to increase everyone's self-efficacy and awareness.

We give young people ownership of their experience by creating an environment built on equity.

We support students to identify and connect with their strengths, passions and gifts building confidence and intrinsic motivation.





Connection To Nature.

Growth flourishes in the outdoors

Just like the growth that surround us, success in nature occurs through organic balance of the right ingredients.

We take these ingredients - light, space, quiet, challenge and use them to create an environment ripe for self-discovery.

How we do it

AW uses profound nature to create separation from the shackles of daily life.

We leverage off this disconnection from routine and technology to increase and deepen connection in the cohort, both amongst students and adults.





Connection To Community.

Strong young people create healthy communities

We recognise the collective power of whole people. By fostering growth in the next generation, we build confidence, uncover potential leaders, grow greater networks and develop healthier communities.

How we do it

AW believes in creating clear pathways for young people to use what they learn on our programmes to contribute to building healthy communities.

We build on the understanding of students that they are part of something greater than just themselves and challenge them to consider their place in their community.





Innovation & Creativity.

Embrace change

We believe in a mindset open to change. This change culture enables successful outcomes for ourselves and the people we work with.

We make sure it flows through our organisation and is present in every engagement we have.

How we do it

AW is committed to programme design that is agile and able to respond quickly to emerging trends and research.

We deliver programmes that create a space for students to explore different avenues for creative expression, building their capacity to problem-solve and think outside the box.



Research



Frameworks and research that we use:

Positive Psychology
VIA Character Strengths
Social & Emotional Learning
Multiple Intelligences Theory
Experiential Learning
Rite of Passage
Growth Mindset

See our supporting content for
more information.





Let's Talk.

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