

# Program Design Principles.



We don't leave our program design to chance. We have used a combination of rigorous research and our 20+ years' experience to develop AW's nine design principles, which underpin 100% of our program design.

## Connection to Self

**Every young person has potential**

Every young person has the potential to be brilliant. Sometimes it's clear and sometimes they need help to find it. When this potential is realized, seen and honored we can become the best version of ourselves.



## Connection to Nature

**Growth flourishes in the outdoors**

As growth in nature occurs through an equilibrium of the right ingredients, so we balance the ingredients of space, quietude and challenge to create an environment ripe for connection and self-discovery.



## Connection to Community

**Strong young people create healthy communities**

We recognise the collective power of people in community. By fostering growth in the next generation, we build confidence, uncover potential leaders, grow stronger networks and develop healthier communities.



## Risk and Challenge

**Know the limits, love the limits**

We understand that the road to adulthood is tricky. Because of this, others shy away. Not us. With over 20 years' experience in the game, we understand the power of the outdoor environment, and how some push from the outside can create positive change on the inside.







# Discovery Through Success & Failure

Great stuff happens in hard places

We believe that the best things happen when things get tough. In these moments, we are forced into an uncomfortable place which helps us realise how strong and resilient we truly are and honor failure for the growth it brings. This place is where the magic happens.



## Quiet and Reflection

More Space, less pace

We create the antithesis of busy daily life; physical and mental space to come together in shared solitude. We return to a space offered by nature, where people have time to think, and space to check in on their minds and bodies and get to know who they are and who they can become.



## Diversity and Inclusion

Creating quality conversations

AW celebrates the richness that comes with diverse experiences. We create capacity for real conversations. We listen and are listened to. When people are truly heard, understanding can be reached, frustration can crumble, and resentment can be resolved. This shared understanding of each other develops deeper connections and stronger relationships.



## Skills and Service

Life skills, not camping tools

Our work doesn't finish when you leave. Helping people realise their potential is the first step on their path to achieving it. We work with the school curriculum and alongside the communities surrounding young people to ensure development of these skills continues.



## Innovation and Creativity

Open to wisdom, committed to rigor

We use a range of reputable evidence-based frameworks and inspiring philosophies to design and deliver our programs. We evaluate everything we do and seek evidence for success

- Positive Psychology
- VIA Character Strengths
- Social & Emotional Learning
- Multiple Intelligences Theory
- Experiential Learning
- Rite of Passage
- Growth Mindset



## Let's Talk

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